Kitchen Helper (Calgary)

NewStart Canada Consulting Inc.

Job ID
11252

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LOCATION	DATE POSTED	EXPIRY DATE
3420 69 St NW, Calgary, AB| Alberta	04-11-2026	03-05-2027

TYPE OF JOB	SALARY	MIN. EXPERIENCE	MIN. EDUCATION
Full Time	CAD $15 to $16 per hour for 30-40 hours a week	Will train	No degree, certificate or diploma

Job Details

Prepare the food ingredients as requested
Ensure all the vegetables and meats are fresh
Wash, peel and chop fruits and vegetables
Help in unloading and check the food deliveries
Load and unload the dishwasher
Wash the dishes and utensils
Clean the kitchen station all the time
Sweep and mop the kitchen floor
Make sure the kitchen equipment are well cleaned after use
Other duties as assigned

Work conditions and physical capabilities: Fast paced environment, Physically demanding, Repetitive tasks, Standing for extended period of time

Requirements: Will train; Previous experience/good understanding of Asian/Japanese Cuisine will be an asset. Team player; Reliability.

Flexible work hours: Day, Evening, Night, Weekend, Shift, Flexible Hours, Morning, TBD

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