Kitchen Helper (Calgary)

NewStart Canada Consulting Inc.

Job ID
11123

VIEW THIS JOB ONLINE: https://mail.youthjob.ca/jobs/11123

LOCATION	DATE POSTED	EXPIRY DATE
3420 69 St NW, Calgary, AB| Alberta	21-10-2026	19-04-2027

TYPE OF JOB	SALARY	MIN. EXPERIENCE	MIN. EDUCATION
Full Time	CAD 15 to 16 per hour	Will train	No degree, certificate or diploma

Job Details

Prepare the food ingredients as requested. Ensure all vegetables and meats are fresh. Wash, peel and chop fruits and vegetables. Help in unloading and checking food deliveries. Load and unload the dishwasher. Wash dishes and utensils. Clean the kitchen station at all times. Sweep and mop the kitchen floor. Make sure kitchen equipment is well cleaned after use. Other duties as assigned. Work conditions and physical capabilities: Fast paced environment, Physically demanding, Repetitive tasks, Standing for extended period of time. Will train; previous experience/good understanding of Asian/Japanese Cuisine will be an asset. Team player; Reliability. Flexible work hours: Day, Evening, Night, Weekend, Shift, Flexible Hours, Morning, TBD.

Downloaded from youthjob.ca on 15-11-2026