Kitchen Helper (Calgary)

NewStart Canada Consulting Inc.

Job ID
10926

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LOCATION	DATE POSTED	EXPIRY DATE
3420 69 St NW, Calgary, AB| Alberta	30-09-2026	29-03-2027

TYPE OF JOB	SALARY	MIN. EXPERIENCE	MIN. EDUCATION
Full Time	CAD 15 to 16 per hour for 30-40 hours a week	Will train	No degree, certificate or diploma

Job Details

Prepare food ingredients as requested. Ensure vegetables and meats are fresh. Wash, peel and chop fruits and vegetables. Help unload and check food deliveries. Load and unload the dishwasher, wash dishes and utensils, clean the kitchen station, sweep and mop the kitchen floor, and ensure kitchen equipment is well cleaned after use. Fast-paced, physically demanding work with repetitive tasks and standing for extended periods. Will train; previous experience or good understanding of Asian/Japanese cuisine is an asset. Flexible hours: day, evening, night, weekend, shift and morning.

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